HI-TOWER FLASHES

MARCH 12, 1982 LINCOLN HIGH SCHOOL, MANITOWOC, WI 54220 Vol. 53 No. 10

Luedtke takes 3 at state

by Jim Neuser

Another wrestling season has ended and with it three wrestlers from Lincoln competed in the state meet. They may have only placed 31st, but they showed the state where good wrestlers come from.

Lincoln's top place winner was Junior Chip Luedtke (185). Going into the State meet he had a record of 26-2. He also had 11 straight victories which is a team record.

In the first match of the day Luedtke faced an Oconomowoc wrestler. This match he won by 6-4 decision. In Quarter final action he beat Homestead by 10-4.

Luedtke lost the semi-final match to Duane Fisher from Merrill. Coach Dennis Kosloski said, "He wrestled well." But he added that Luedtke was not offensive enough.

In the wrestle back for third place, Luedtke won against Armstrong from Fort Atkinson. "He did real good, he was more defensive this time" said Koslowski.

"The competition in class A is stronger than in B or C and placing at state is good for any under classman," says Koslowski.

Coming into this season Kosloski knew he was going to be tough. Next year he's going to be a premire wrestler in his weight class, says Kosloski.

John Holmes (155) lost in the first round. The four top wrestlers in the state faced each other in the first bout.

B. J. Rubick (138) also made it to State. Unfortunately he lost in the first round match. He was pinned with only 15 seconds left in the period.

Next year will be a down year for the Ships wrestling team. "We're going to miss the Seniors next year," said Kosloski.

A group of students journeyed up the hill from the shops. The long hike is one reason for building new shops.

Photo by Brad Kautzer

Bond issue to benefit Lincoln

Lincoln will be receiving approximately one-and-a-half million dollars in municipal bonds for various improvements. These include the construction of a new industrial arts building, several projects in and around the JFK building, and the renovation of the school's heating system.

The construction of a new industrial arts building itself will cost nearly a million dollars. The new "shops" will be built closer to the school and will be connected to the LHS building either directly or by a tunnel.

After this has been built, the old shops building will be converted into a central maintenance garage.

The replacement of the roof over the girls' locker room, and the JFK is another necessary project. Superintendent of Buildings and Grounds Dave Birch feels that this is the most important project, as it is long overdue. The cost for this is $15,000.

We will also be receiving a new filtering system for the swimming pool. The one presently in use is causing several problems that will hopefully be eliminated when the new $25,000 system is installed.

The JFK building will also undergo a $375,000.00 facelift. It will have more insulation added for energy efficiency. New energy-saving windows will be installed. A new asphalt floor will be laid and new bleachers will be installed.

Almost three hundred thousand dollars will be spent on the renovation of the school's heating system to make it more energy efficient. The money saved on heating bills in the future years will pay for the improvements.

The boiler room that is located behind Lincoln is to be torn down. It used to supply steam to the LHS building but has not been used in recent years because surplus steam has been purchased from the power plant instead.

One and a half million dollars may seem like a lot of money to spend, but for better energy efficiency, to eliminate some pressing problems, and to make our school plant more efficient, it could be money well spent.

College assistance available for disabled

Financial aid is now being offered to vocational school and college bound students who suffer from physical or mental disabilities. This new program is funded by the Division of Vocational Rehabilitation (DVR), a joint State/Federal program designed to help handicapped individuals. The goal of DVR is to assist students with such disabilities in their efforts to prepare for, obtain, and/or maintain employment.

This DVR service will provide financial assistance for eligible students following completion of their high school program. It will include not only aid for vocational and college training programs, but job placement assistance as well.

Two requirements must be met for eligibility. First, there must be a medically diagnosed or verifiable physical or mental disability which makes preparing for, getting, and keeping a job a major problem. This includes such physical disabilities as visual, speech and hearing impairments, epilepsy, hemophelia and allergic diseases, etc. Examples of mental disabilities include psychotic disorders and mental retardation.

Second, there must be a reasonable expectation that DVR services will be of benefit to the individual in financing employment.

Students who meet these requirements and are accepted can greatly benefit from the DVR program.

The services are individualized to meet an applicant's vocational needs in order to help that person reach his/her goal.

Generally, interested high school students apply for DVR services in their senior year. There are students who could gain from this program but do not realize it. If you feel you might qualify for DVR services and would like to learn more about the program, discuss it with your guidance counselor and obtain a DVR Health Survey Form available in the guidance office.

Ethnic food day coming

For the past nine years Lincoln has kept up a traditional Foreign Language Day. It takes place once a year.

Although the name is now changed to Ethnic Food Day it is essentially the same thing. It reaches out to a foreign culture and shares it with other students.

It started out as two days of skits, foreign games, and food from the different countries. Now the games and skits have been cut, leaving just the food. It lasts one day.

Food Day is not profitable. Mr. Harold Beckman, Foreign Language Department Head explained, "Students prepare and bring the food themselves and it's sold on a cost basis."

The event is open to any foreign language student that would like to experience food from a different culture. It is on March 18 this year and will be running all of fifth hour.

We have three foreign languages here at Lincoln: Spanish, French, and German.

In the Spanish room, the main aroma you will smell will be that of tacos. This is usually the main meal but there is also going to be deserts and sangria, a mexican punch.

In the past years the French menu has focused more on deserts (fruits, tarts, and such) than on main course foods. According to Mr. Jack Troupe, a French Teacher, they have sold omelets, or crepes before.

The starring food for the German room in the past years has been German potato salad.

News In Brief

"Jump rope for heart" will take place in the JFK Fieldhouse tomorrow from 8 a.m. to 1 p.m.

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The LHS Band will perform a community concert, Sunday, March 14.

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The third quarter ends Friday, March 26.

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Next issue of **Flashes** will be distributed March 26.

Editorials

Members of audience inconsiderate

It was really great to see so many students support the school play "Dracula." The actors, crew members, and everyone involved deserves a pat on the back.

Unfortunately, the play could have been better if certain members of the audience had assumed more considerate roles at the play. Part of the enjoyment of this fine performance was taken away because of the rude, inconsiderate remarks which were thrown at the actors by a few people in the audience.

This type of response from the audience is in very poor taste. Certainly those who put this play together deserved more than insulting comments. Nevertheless, what's done is done. What about future plays?

We could make this a learning experience. That sounds silly, but if you were among those whose enjoyment was spoiled, I'm sure you'll agree. In the future, help the actors escape this undeserved treatment by letting other, less considerate people know what you think of them. "Please be quiet" may work, but a, "Will you please shut up so I can hear the actors," may be more in order.

The production of "You're a Good Man, Charlie Brown" will be coming soon. This could be a good change to show the students involved in the presentation that you **do** appreciate their work, by being a concerned and considerate audience. The great number of people who showed up at "Dracula" was fantastic. Support like that is well-deserved; let's remember that a good audience is too.

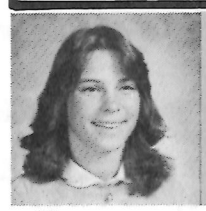
'Letters to Editor' policy reiterated

There have been a lot of letters coming to the **Flashes** staff which we have not been able to print because they haven't met our policy standards. Some haven't been signed, others were over the assigned word count, and some were grammatical disasters. Therefore, here is a rerun of our letters to the editor policy.

First, the "Letters to the Editor" column is used as an LHS community sounding board. It is the place where readers can respond to events which they have opinions about. Staff members do not write the letters — readers do.

Letters should be **under** 300 words in length, and **signed** (although names will be withheld upon request). Your letters must be within the laws of libel, copyright, obscenity, and defamation, so be cautious in what you write.

Anyone can send us a letter, and we do encourage letters. We will print all letters that meet the above requirements. Send letters to 1433 S. 8th Street, Manitowoc, WI 54220; or drop them off in Room 310 during 7th hour. We do want to hear from you!



Flash-lites

by Kathy Hoover

Have you ever watched commercials on TV? No, I don't mean just seeing them. I mean have you ever really watched how the actors act and what they say.

Most commercials are senseless, annoying, and degrading. Especially the Fair Store commercials where somebody yells and screams about prices that I consider outrageous.

Another annoying one is the Biz commercial where the lady keeps yelling "Biz! You used Biz! That was Biz!" I wish someone would shove a watermelon in her mouth.

I can't complain about all commercials, though. Most soft drink commercials, like Coke and Pepsi, are cute and cheery.

I have two favorite commercials. One is for Malt-o-meal. This cute little boy gives his cereal to an invisible friend named Maynard. The kid of course is just making up Maynard so he doesn't have to eat his cereal. But the father is crazy, so he gets in a conversation with Maynard. Nut's, Huh?

The other commercial I like is the Dawn dishwashing liquid one where the fast-thinking man pulls a good one on this girlfriend. She comes in carrying a glass with some other woman's lipstick on it. He cons her into washing it off so there is no proof. What I would like to see is the fight that breaks out after the film is cut.

Now, after years of watching commercials I've decided to use commercial time for what it is there for...to use the "john" and raid the fridge.

Letters to the Editor

'Vicious' letters in poor taste

Dear Readers,

Three of the past four issues have contained anonymous letters attacking the librarians for trying to maintain order in the library so that those of us who want to study there may. The authors claimed to be honor students, but their writing was not logically, rhetorically, grammatically, or mechanically honorable. Attacking anonymously with partial truths and fallacious reasoning ("They did it too..." — whoever "They" are) is vicious. Printing vicious attacks is poor editorial practice. You, dear Editor, along with our "honor" student should remember to "Do unto others as you would have them do unto you."

Sincerely,
H. Foster

Audience behavior rude, immature

I think the audience conduct at the recently held school play, "Dracula," was very immature. I worked backstage, and being as close to stage as I was, I couldn't hear the actors' lines because of the stupid comments being thrown at the actors by the audience. The actors put in many hours of rehearsal time to make an enjoyable show for the audience. Is that the respect that you give to your schoolmates for wanting to do something special for you? Do you throw stupid comments at the basketball players when they're out on the floor playing? Most likely not. The actors that are performing on stage should get the same respect as the basketball players do when they are performing on the basketball court.

Thanks for the support you gave us, but if you're going to say something, good or bad, say it after the show so the people that want to watch the show can enjoy it, and the actors can concentrate on their lines.

S.C. - H.M.W.F.C.

Drill team gets pat on the back

Dear Editor,

Most of the cheerleaders at LHS have gotten recognition by pictures in **Flashes,** articles, or fund raising activities. Whether good or bad, they have been recognized in some way.

There is one group at Lincoln that deserves a good round of applause. This is the drill team. I think they've done a great job of entertaining during halftime of the basketball games.

Most people don't realize the many hours of rehearsal before and after school that drill team members put in previous to a performance. The hard work and talent has obviously paid off.

On behalf of many sports fans, thanks for making halftime a little more exciting!

Signed J. H.

HI-TOWER FLASHES

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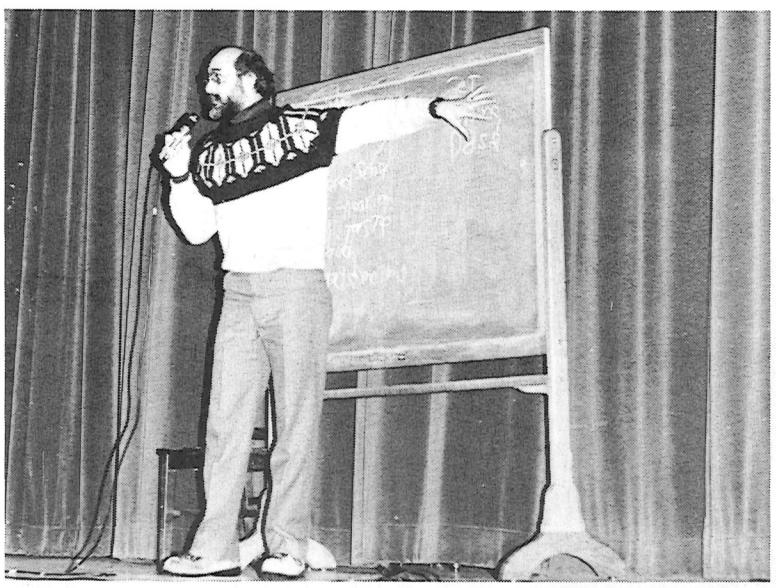


Tom Jadin spoke at a lyceum program about the effects of drugs and alcohol, and getting high on life.
Photo by Brad Kautzer

Lyceum deals with chemical abuse

"If getting drunk is what people are after, maybe that is what we should give them. Let them get as drunk as they want," says Tom Jadin.

Jadin, the Director for Substance Abuse at the Winnebago Mental Health Institute, was the guest speaker at a Lyceum program last week Thursday, in the auditorium.

He said victims of substance abuse at the Winnebago Institute were given tests asking why they used drugs or alcohol and almost everyone said because it's fun. They enjoyed the effects the drug had on them.

So Jadin, who styles his show after Comedian George Carlin, is not talking to students about the enjoyable effects of drugs. But he also shows the dangers.

Altered senses are one effect, he said, but he knows one person who burned his hands with a cigarette while he was high because it felt cool. Other effects mentioned were altered emotions and a longing to return to that condition.

While Jadin truly believes that there is nothing wrong with getting drunk, he says that really "it depends on what you use to get there. You can get drunk without chemicals."

One way of achieving this is by twirling or spinning. "Spin someone very fast and they become as high as a kite," he said.

Other people can make you drunk. A person in love often will experience the same effects as one on alcohol will. When in love many people experience altered senses and emotions.

Even addiction isn't bad if you're addicted to the right thing. Many runners go through severe withdrawl if suddenly they can't run for a period.

Jadin said that actually people can get high on anything. You can get high on nature, life, and even nutmeg. He said, People need to get drunk, but not on chemicals."

Driver's Ed fees may rise

Driver's Ed students learn that driving is expensive. There is general upkeep, gas, and insurance that must be paid for. Now the cost of getting a license may go up quite a bit too.

Every year the state pays for part of the program, students pay for part, and the school board pays the rest. This year, the school board may eliminate their funding from the budget and add the extra cost on to the student's fee.

Two years ago the student fee was $8. Last year it nearly doubled to $15, and this year it may double again.

The fee helps lower costs for classroom training, on-the-range, and on-the-road classes.

The classroom training consists mostly of a series of films designed to teach students about traffic problems encountered, the dangers of drinking and driving, seasonal driving, and speeding. It also teaches students rules of the road. Thirty hours of classroom training are required. On-the-range lasts one week and allows students to practice basic driving techniques without the hassles of a lot of traffic to contend with.

Following this is two weeks of On-the-road which gives students the chance to practice their skills in actual driving situations.

Students may avoid the fee by waiting until they are 18 to get their license. At 18, one is not required to take special courses in order to get their license.

Studies have shown that drivers who learn through driver's ed courses have less than one-half the number of accidents that other drivers have.

Charity BB game pits Packers against DJ's

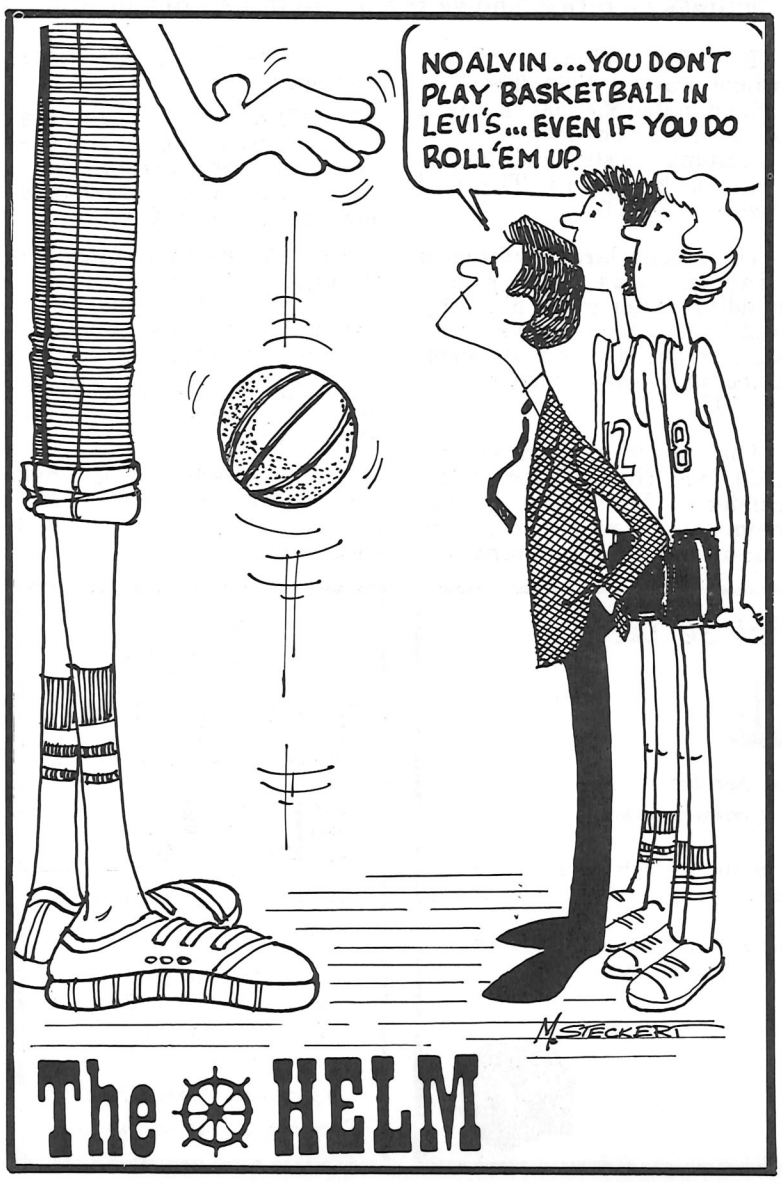
Playing basketball this time of year seems pretty common, but when members of the Green Bay Packers professional **football** team play a game of buckets, that's a different story. Believe it or not, that will be the case, Sunday, March 14, when the Green Bay Packers Basketball squad takes on your favorite personalities from radio stations WQTC and WOMT in a game for charity. The game, sponsored by the Two Rivers Jaycees, is scheduled for 2 p.m. in the Roncalli High School Gym.

Some of the Packer players showing off their basketball skills will be David Whitehurst, James Lofton, Gerry Ellis, Rich Wingo, Ron Cassidy, Greg Koch, Larry McKarren, and Eric Torkelson.

Challenging the Packer squad will be the WQTC and WOMT team of D.J.'s which includes Don Cook, John Murphy, Shane Reeno, Damon Ryan, Rick Sawyer, and Ron Zimmerman.

Much money has been donated to charities in the past through these basketball games. In other contests, the WQTC and WOMT team has also played against the Two Rivers police squad and teachers on faculty teams. Other charity games have included the unique sport of "donkey basketball." But besides making money for charities, the games have been enjoyable for all. Says WQTC D.J. Rich Sawyer, "It's a lot of fun."

Tickets are being sold at Shopko, Copp's, both malls, Dr. Freud's, Schroeder's, and other stores throughout the area. The price of tickets is $3.50 for adults.



Program remembers Wisconsin women

Many people think the public library is nothing more than books or a place to study. Well, if you take a closer look, you may be surprised. The Manitowoc Public Library offers special programs for the public as well.

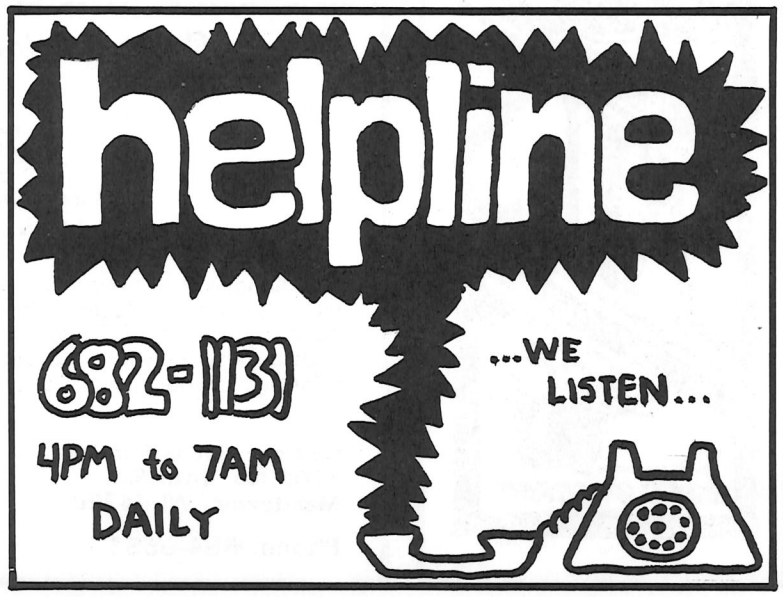
One such program is a remembrance of the lives of women who lived in Wisconsin from 1848 to 1920. It will be presented Tue., March 16, at 6:30 p.m. in the meeting room of the Manitowoc Public Library. The Library was able to make this possible by a mini grant from the Wisconsin Humanity Association.

The program consists of music, mime, and drama. The first part of the three-part presentation is a play entitled "Ties That Bind." The audience will be able to participate in the follow-up discussion after the play. In the conclusion, programs including a bibliography and other reading materials will be distributed to the audience. The main purpose of the presentation is to link historically significant women with everyday women.

The performers are four members of "The Friends of Mime Theater," a group from Milwaukee. The members, who also research and wrote the story, will dramatize the lives of women in different occupations during the play.

According to Mrs. Marley Davison, adult service librarian, "This program means to create a renewed heritage in Wisconsin Women. It links past with present lives."

There will be no admission charged for the program.



A closer look at our AFS students

Others like same fun

Editor's Note: The past four issues have included a series on our AFS students, Kenneth Aase and Oscar DeLos Santos. The main goal of these articles have been to tell you how our AFS students live and to give some information about their countries. Thanks Kenneth and Oscar, for supplying us with the information.

Oscar

What do you do with your spare time? Play basketball? Collect stamps? Cruise the town? Watch television? If so, you would fit right in with teens in the Dominican Republic. Oscar DeLos Santos, our AFS student from there says, "I like riding my motorcycles."

Of course, different people do different things, but one popular pastime there is watching the old "boob tube." It runs from 10 a.m. to 1 a.m. They have about the same shows (game shows, movies, soap operas), but the most popular kind of show in Oscar's book is the comedy.

Although they don't have sports in school, there is plenty of action between friends. They play basketball and baseball among other things. Swimming is also popular, as is scuba diving. Since there is never any snow there, snow skiing is out. However, water skiing is great in their warm climate.

When it's time to relax, a movie theater is a good place to be. Oscar said that it costs only "un peso," or about $1 here. At this price they usually go about once a week.

Music takes its place there also. There is an even combination of American music and Dominican music, or "merengue." There's slow music, rock 'n roll, punk rock, and disco.

On the weekends the days are spent at country clubs. These clubs have bars, tennis courts, basketball courts, and much more. At night everyone hits the discoteques.

Naturally, one always has to take time out to do homework and the forever-dreaded household chores. To state simply, the way of life in the Dominican Republic is not much different from ours.

Kenneth

Recreation in Bergen, Norway, is very similar to that of the United States, says Ken Aase. A typical Friday night may consist of going out to a disco or to a party. The parties are basically the same as they are here. They consist of loud music, talking, loud music, food, and loud music!

The majority of teenagers in Bergen do not have jobs. If a teen does have a part-time job he/she works in the same kind of places teens in the U.S. work.

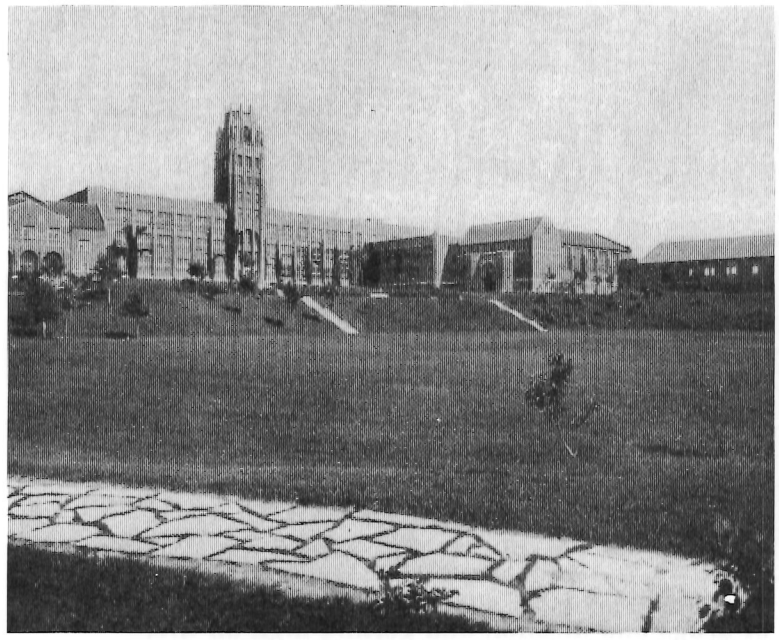
They also do not have any school related clubs or sports. If you would like to play a particular sport, you would have to join a club. Each club costs approximately $10-$15 a year. They have track clubs, handball clubs, and soccer clubs. They have a club for almost every sport.

Some kids also enjoy taking courses outside of school. They study such things as psychology, typing, and foreign languages. These usually run about $100 for a six month class.

The people in Norway do not go out to eat much. Meat is very expensive, so families cannot afford to go out. On weekends, however, teenagers will often go out for pizza.

Teenagers in Bergen go out in groups instead of couples. If a guy and girl would decide to go out to a movie just as friends, nobody would think anything of it.

The basic form of recreation, whether it be sports, clubs, classes or dates, are basically the same whether you live in Bergen or Manitowoc.



This picture, from the 1935 Flambeau, shows Lincoln High School with the new addition of the Vits natorium at the right. In the foreground, a flagstone walk was in existence. The trees were just twigs as compared to the present.

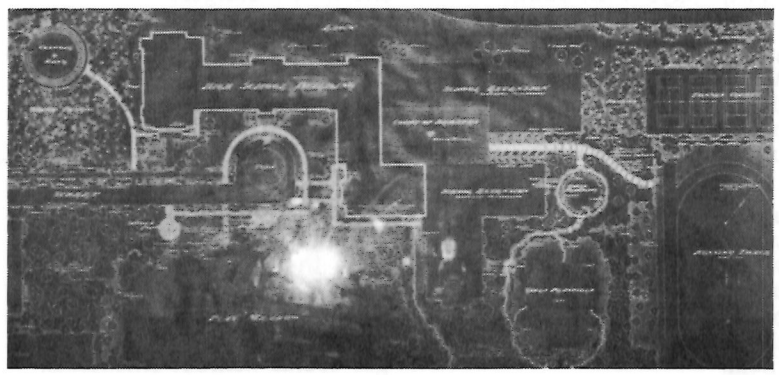
LHS history proves progress

Before Lincoln was built, a sandy, weedy hill existed on the lakeshore. Described as an unlandscapable piece of land, the area was soon to become "the most admirable and best adapted . . . " said architect John D. Chubb. This remarkable area now contains Lincoln High School.

As we are in school, the building may seem to be the same boring lump of bricks, paint, and glass. But you may be surprised to know that LHS hasn't been like this since 1923, which was the year construction on the new Lincoln building was started.

The original building was built in the shape of an "L." There were three floors extending from the south end of the building to the west wing. The wing was only two stories high.

On January 16, 1924, the first basketball game was played in the old gym. In those days, bleachers lined both the east and north walls. Fourteen hundred fans filled the stands to cheer on the Ships, but they lost to Sheboygan 22 to 19. Later, the east bleachers had to be torn down to make room for a hall leading to the main building.



This blueprint, which hangs on the wall in Mr. Malinsky's office, shows the original plan of Lincoln.

The first addition to the school was in 1930. The Vits heirs donated $70,000 for a pool and natatorium. The remaining costs had to be made up by the city. The total cost was $102,000.

The second large addition to Lincoln was the shops building. After much planning and labor, the shops were constructed on the end of Green Street and were opened in June of 1949.

The latest project, around 1954, was the addition of the cafeteria, band and chorus rooms and room 105. The library and all present art rooms were also added to the first floor.

In 1961 it was decided that a new gym was needed, and the Hamman Construction Company started work on what is now called the JFK.

The **Flashes** staff suggested the name of the building to be the "JFK Fieldhouse" in memory of the last president John F. Kennedy.

Also in '61, the second and third floors were added to the library wing.

Lincoln High School has come a long way since 1923, and the pride in our school should and will live on.

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Peanuts characters to star in musical

by Anne Mullins

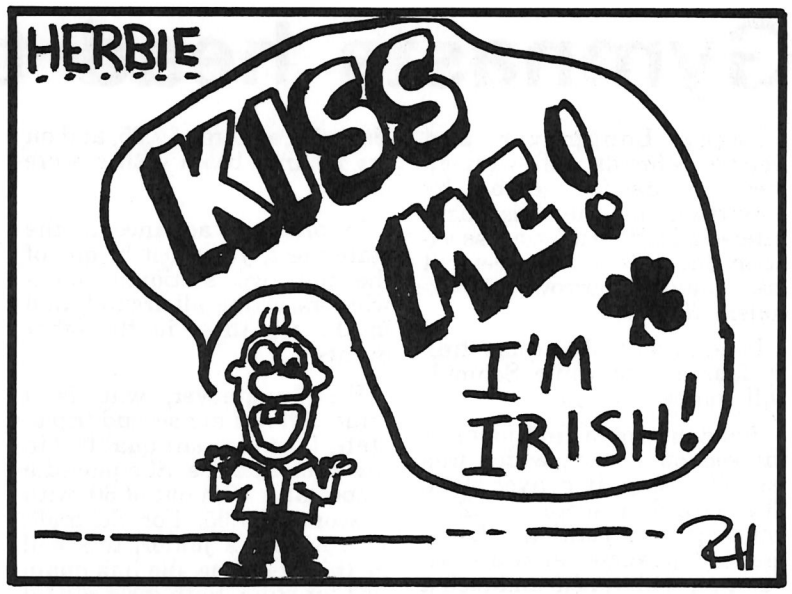
Lincoln will be staging the musical "You're a Good Man, Charlie Brown" this year, May 14th and 15th. It is a full-scale broadway show, despite the fact that it has a very small cast, and an orchestra of up to seventeen players, depending on the music used.

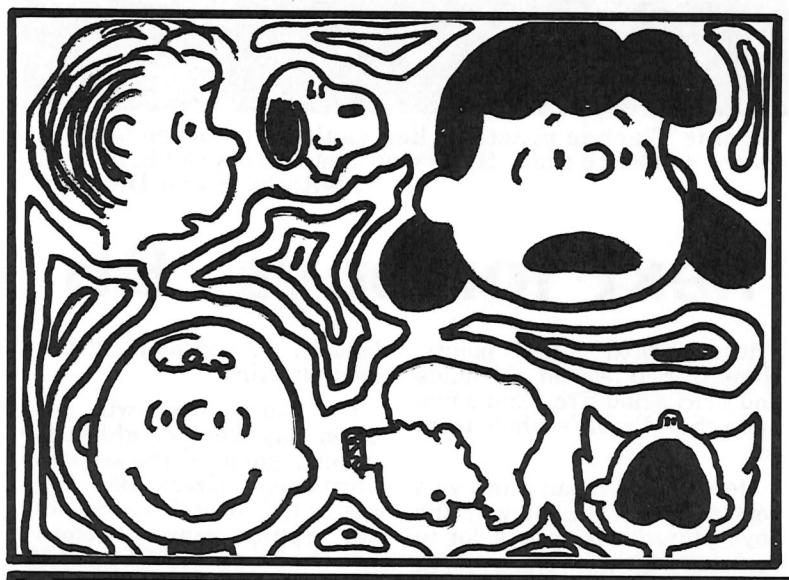
There are six roles in the play: those of Charlie Brown, Lucy, Snoopy, Linus, Sally and Schroeder. Auditions will be April 5, 6, and 7. The audition material is not here yet, but more information will be released later regarding tryouts. Since this is an all-school production, anyone can try out. All parts require some singing and call for medium-range voices.

The cast and orchestra will only have one month to rehearse, so the rehearsals will be intense and held quite often. Most rehearsals will be in the evenings.

The producer will be Mr. Dean Torkelson. Mr. James Miller will be in charge of staging and the choral parts, and Mr. Brad Schnieder will conduct the orchestra. Anyone interested in helping in the construction of the set should contact Tech Crew Director, Steve Gibson.

Miller feels that LHS should put on a musical this year for the many people who need to express their talent on stage. It is also a small enough production to be fit into the crowded auditorium schedule. Says Miller, "It would make a very nice complement to a very successful theater year for LHS." This musical has much audience appeal and has been performed at least twice before in Manitowoc. Miller says that it is a really solid musical and, "LHS students should have a chance to do it."





St. Pat's Day more than green beer

Many of us wear green on St. Patrick's day, go out and drink green beer, or wear pins signifying our Irish descent. Well, did you ever realize what St. Patrick's Day is about or why it is celebrated?

Saint Patrick was born in Scotland between 373 and 395 A.D. His given birth name was Maewyn. Information regarding his life has been obtained from his confession.

When Saint Patrick was sixteen, he was captured by Irish bandits and sent to Ireland where he was held captive for six years and forced to tend sheep. It was at this time that he had the first of many visions that would, in the future, guide his life and help him to escape.

He studied at the Saint Martin monastery for eighteen years and later entered the priesthood and became a bishop. He was then sent to Ireland by Pope Celestine I who named him Saint Patrick.

While trying to convert the people from Druidism to Christianity, Saint Patrick used the shamrock to explain the idea of the Trinity.

Saint Patrick died in 493 A.D. the first observance of his death in the United States was in Boston, 1737. Eventually the idea spread throughout the country.

Today the holiday is bigger than ever, and many cities even go as far as to use parades to help celebrate this day.

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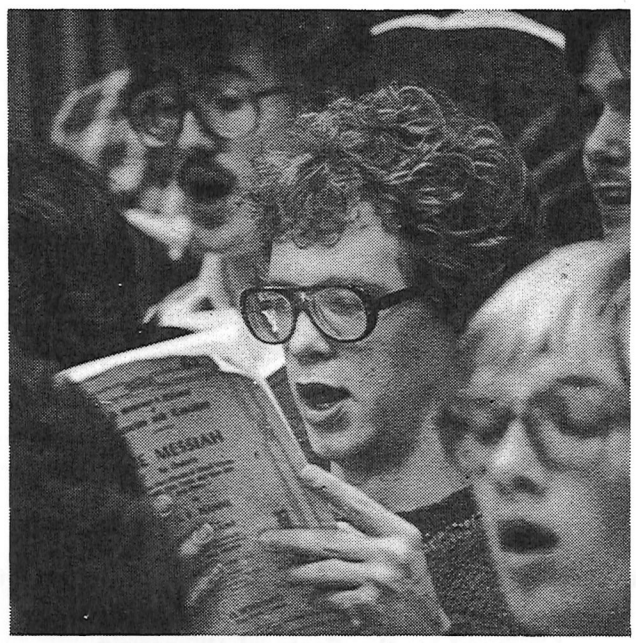

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Gymnasts head to state

Peggy Longmeyer and Debbie Schmidt will wrap-up their gymnastics season by competing in the Wisconsin Interscholastic Athletic Association State Meet. The meet will take place tomorrow in Wisconsin Rapids.

Longmeyer will be competing in four events while Schmidt will compete in one.

Schmidt took a first place at the sectional meet, which was last Thursday at Beaver Dam. She earned a score of 8.2 in vaulting competition. Longmeyer placed second in vaulting with an 8.0 and took a second in the all-around event with a 7.76 average.

Longmeyer also took two third places: on the floor exercise with a score of 7.65, and on the balance beam with a score of 7.55.

In order to advance to the state meet, you must be one of the top two sectional placewinners in the all-around, and in the top three in the other events.

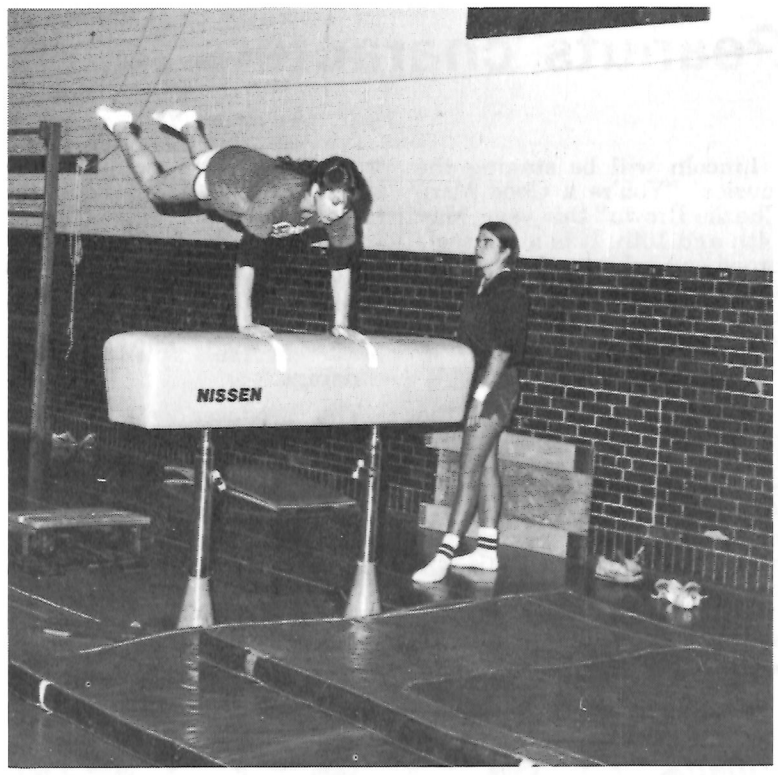
For Longmeyer, who is a junior, this is her second trip to state. Last year she qualified in the floor exercise. She placed a respectable 17th out of 60, with a score of 7.65. For Schmidt, who is also a junior, this will be the first time she has qualified for state. Both girls should do well at the meet because of their performances this season and Longmeyer's past experience at state.

The sectional title went to Fond du Lac, which had 102.04 points. Beaver Dam was second with 93.41 points, and West Bend West was third with 92.74 points. Lincoln finished in fourth place with 86.66 points.

Fond du Lac was also the FRVC Champs, with 102 points. Preble took second in the conference with 97.4 while Lincoln placed third with 91.11. The FRVC meet was the 27th.

Longmeyer had the highest mark in that meet with an 8.7 in vaulting. She also won the all-around with an average score of 8.11. She took second on uneven bars with 7.9, third in floor with 8.4, and fifth on beam with 7.45. Schmidt took a third on vaulting with 7.95.

Congratulations girls for having a fine season and good luck Peggy and Debbie, at state.



Jackie Tlachac practices her vaulting to prepare for a meet as Coach Sally Hyde watches and checks her form. Photo by Steve Demsien

Looking Ahead

March 13 .....Girls' Gymnastics at WIAA State Meet, Waukesha South
March 14 ..... Wrestling Banquet at Steffen's, 5:30 p.m.
March 21 ..... Swim Team Banquet at Steffen's, 6:00 p.m.
March 22 ..... Manty, Green Bay South West, and Preble indoor track meet here, 4 p.m.

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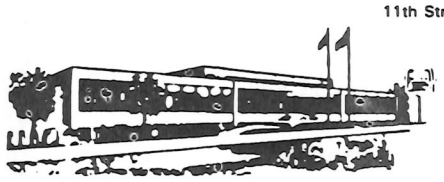

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Sectionals next for boys' BB

The LHS Boys' Basketball Team really played a tough game against Green Bay Preble Saturday at Two Rivers. The Ships left Preble wallowing in their wake, by a score of 44-40.

The Ships have now earned the Wisconsin Interscholastic Athletic Association Class A Regional Championship. The team surprised it's fans with this win, as they've had a less-than spectacular season. They also got their revenge on Preble, which defeated the Ships twice in regular season play. Both Preble's and Lincoln's players were under a lot of pressure to win. Preble went to state last year and had high hopes of achieving that again this year. Their overall record stood at 13-6.

Lincoln had previously lost to Preble by scores of 66-44 and 47-44. Preble's team is composed of very tall players, while Steve Hansen is the tallest member of the Lincoln team at 6'4".

Both Dave Sperl and Tom Zucchi scored ten points each against Preble and Mark Fricke scored nine points. Hansen had eleven rebounds and Fricke had five. That's five more than Preble's whole team got.

Head Coach Brian Shaw was very pleased with the way the boys played. "It took a lot to maintain their intensity when we were losing tough games," he said. The Ships played aggressive and changing defense, to counter Preble's good shooting.

The Ships' boys will meet Green Bay West tonight in the opening game of the sectional tournament. Green Bay West has a 13-7 overall record and two regular season victories over the Ships (by 55-54 and 55-53 in overtime games). The Sectional semifinals will be played at Green Bay.

Girls begin practice for upcoming track meets

There are going to be some different sports starting up since spring is just around the corner. One of the well-known spring sports is track.

The LHS girls' track team has started practices and is approaching its first meet against Appleton West and Valders. This meet will be at Lincoln next week Saturday at 10:30 a.m.

The team has been practicing since the end of February. They practice 6 days a week for two to three hours at a time.

The team starts working out early so they are in better shape, and hopefully better than most of their competitors. During the winter the girls usually run on their own. Also, they are encouraged to take a weight training program.

Anyone can join the LHS Track Team if they would like to. There aren't any cuts. Everyone is accepted. You can still join if you want, but it would probably be hard to work out along with everyone else with such a late start.

The different events which are included in track are sprints (short distance running), distance (long distance running), and relays (in which people in a group compete against other groups). Also, there is long-jump, high-jump, shot-put, discs, and hurdle events.

"Most of our team members have the potential to do well," said coach Pam Kjono. "I hope to see people show support at meets. It's nice to know our efforts are recognized," added Kjono.

This year's track team has many good competitors on it. Everybody is working out hard. So let's all show our support to our team at the girls' track meets.

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Girls' BB season ends

It's all over for the LHS Girls' Basketball team after they suffered a 76-68 loss to De Pere East last Thursday at De Pere. The two teams were competing in the WIAA Class A Sectional Semi-final.

LHS ended its season with a 18-3 overall mark. They won the Fox River Valley Conference Championship and the WIAA Regional Title. The Ships didn't get their return trip to state, but they had a good season, and played some pretty tough games in the last few weeks.

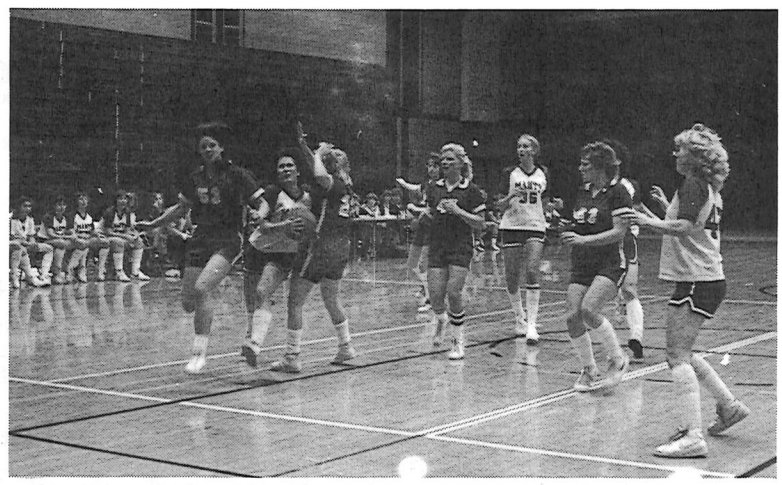
Lincoln defeated Two Rivers February 25 by a score of 43-41. This ended the Raiders' season.

LHS also took a victory over the Green Bay Preble Hornets with a score of 54-39. This was no easy victory for the Ships. They really had to struggle hard. They lost their third leading scorer, Jody Robinson, who went out in the first quarter with a knee injury. But they kept things together and ended up with Beth Ayers scoring the high for the team of 22 points. Sue Pitroski followed with 18 and Karen Held helped out with four points.

This brought the Ships to play at De Pere East, last Thursday. De Pere has a very strong team and was very tough to play against. De Pere and a six point lead by the end of the first quarter. Lincoln took the lead four different times in the third period. The last lead LHS had was 58-57.

Beth Ayers finished the game with 30 points. She has scored more points in one game than anyone else in Lincoln's history. Ayers ended up scoring 392 points this season. This is an average of 18.7 points per game. Sue Pitroski finished her high school basketball career with 507 points for the season, averaging 24.1 points per game. Pitroski is the Lakeshore area's leading scorer.

LHS had a good season for the '81-'82 school year. They tried their hardest to win a return trip to the WIAA state tournament. Maybe it'll happen next year.



Beth Ayers aggressively attempts a shot at the last home game. Karen Held, Sue Pitroski, and Kris Miller get ready to rebound.

Photo by Tom Kaufmann

Swimmers place tenth

The boys' swim team finished the season with a tenth place finish at the sectional swim meet. Coach Mike Zupek was impressed with the team's performance at the meet. "It was their best performance in this type of meet," said Zupek.

The medley relay team of Cory Borowski, Brad Kautzer, Jeff Stangel, and Kevin Vogt swam to a tenth place finish. Also, the 400-free relay team placed eighth. The winning members were Bob Bucholtz, Brad Kautzer, Rick Kautzer, and Stangel.

Bucholtz finished fourth in the 50-free. Manty had two place-winners in the 100-free. Fifth place was won by Bucholtz and eleventh place was taken by Stangel.

Brad Kautzer was tenth in the 100-butterfly. Vogt had an eleventh place finish in the 100-breaststroke.

In the 500-free there were two winners from Lincoln. Rick Kautzer was sixth and Brad Fanta was twelfth.

The team had one diver place at the sectional meet. There, tenth place was won by Borowski.

The team's season dual meet record is 5-4, with the Ships winning all home meets. "I think we did a real good job for being a young team," say Zupek. "They swam real well. Everyone dropped times quite a bit and we accomplished quite a few of our goals," he added.

Light shed on shaping up

Many people may be wondering what to do about that extra weight they may have accumulated over the long winter months. Mr. Ned Hodgson, LHS Phy Ed Dept. Head, shed some light on shaping up easily in your spare time.

According to Hodgson, one should find an activity they enjoy. "Then, the next thing to do is begin very easy," Hodgson said. "Guide yourself by the way your body reacts to the exercise." If you experience stiffness the next day, then you've overdone it. Hodgson encourages the beginner to set small goals for the first week or so and build up gradually.

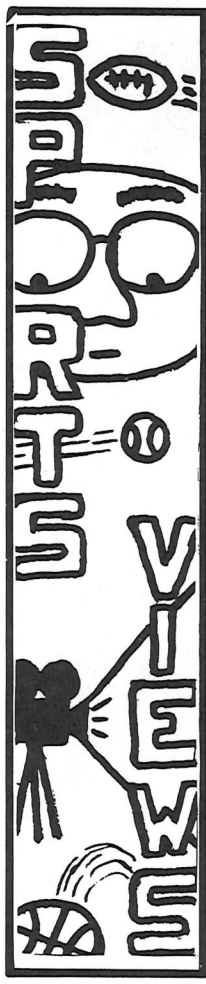
As for diet, Hodgson feels that if you stick to the four basic food groups and don't consume more calories than you can burn off, you'll be fine.

There are many facilities in the area where you can pay to shape up, but Hodgson thinks there are unnecessary. "You can go to the Scandia Spa and lay out a couple hundred dollars for the same thing you can get at home. To me it's foolish to pay that kind of money."

Hodgson said that, at this stage in life, most kids have very good health. They don't worry about later on when their health begins to decline. He also thinks kids should take phy ed classes seriously to avoid health problems later.

Exercise can be inexpensive and fun as well. You don't need expensive sweat suits. Anything that is comfortable and allows movement will suffice.

"Everybody thinks they have to be a jock or they have to compete to be physically fit. That's a bunch of baloney," says Hodgson, "All you have to do is enjoy."



Lincoln athletes show what they're made of

Another sports season will soon be coming to an end and with it another will be beginning. I'd like to wrap up the season for you.

The wrestling team had a great season. They won all of their dual meets (most of those were by large margins). Also the team placed first in all but one tournament meet, and that one was a second-place finish. John Holmes, Chip Luedtke, and B. J. Rubick made it to state.

The girls' basketball team made it to the sectional game. On the way, they beat our rivals from Two Rivers. Great job, girls!

The guys' basketball team was not favored to go too far this year, but they also beat TR and will be playing the sectional game tonight. Good luck, guys! Show those people in Green Bay what we're made of.

The gymnastics team had a great year. Peggy Longmeyer and Debbie Schmidt will be representing Lincoln at the state gymnastics meet. Good luck, girls! Go all the way.

The swim team won their conference title once again. They had a young team, so we can look forward to seeing some Lincolnites at next year's state meet.

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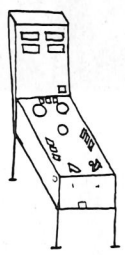

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Students' art displayed

Youth Art Month is here and the Manitowoc School System is presenting an exhibit of student artwork at the Rahr-West Museum.

The exhibit will include sculptures paintings, pictures, and other forms of art made by students of the elementary, junior high, and senior high schools of the Manitowoc School System.

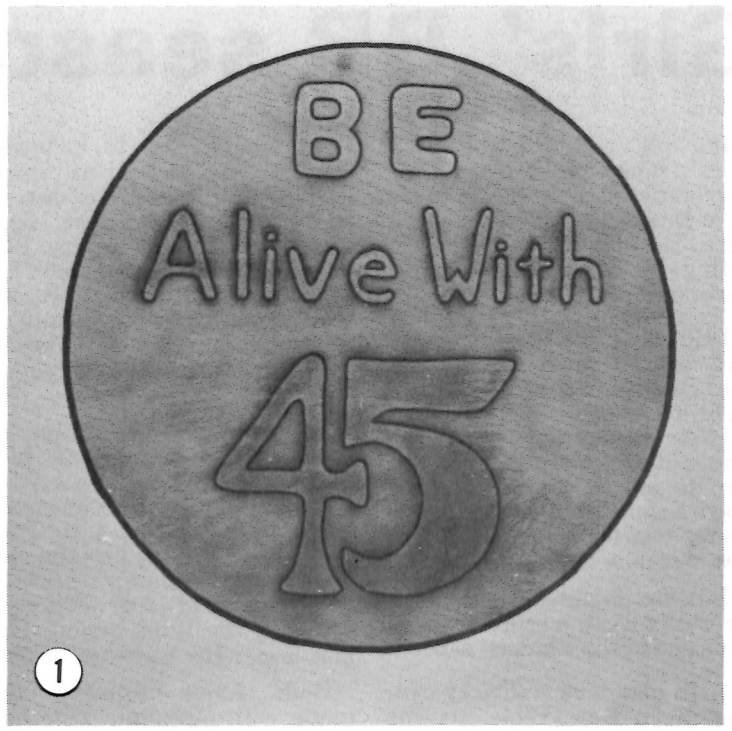
The exhibit will be open from 1-4 p.m., Sunday, March 14, 21, and 28.

Each day the exhibit is open a different cultural demonstration will be shown. The Manitowoc Youth Recital will be presented March 14. The second Sunday, a program on the Art and Culture of the Hmong Community is scheduled, and the folk group Edelweiss will perform on the last day.

The Y.A.M. exhibit displays selections of all forms of arts and represents many talented students. Paintings, pictures, sculptures, and models are all arranged on displays showing the brilliant imagination needed to do such work. Artwork from every grade, kindergarten through twelfth, will be shown in the exhibit. Come and see the talented and beautiful work of Manitowoc school students.

1 — Carl Baryenbruch designed this sample logo for the new educational Channel in Manitowoc, in his commercial arts class. 2 — This death mask was made by Tracy Zahn in her basic drawing and design class. 3 — John Ackley and Art Department Head Ron Stokes hold a sculpture that John created. 4 — A play put on by "Darwinkles Trunk" was presented during the art exhibit. 5 — This painting of the Manitowoc Pier, created by Sandy Kubichek in her advanced painting class, was displayed at the Rahr-West Museum.

Photo by Chris Beloin and Kevin Hock



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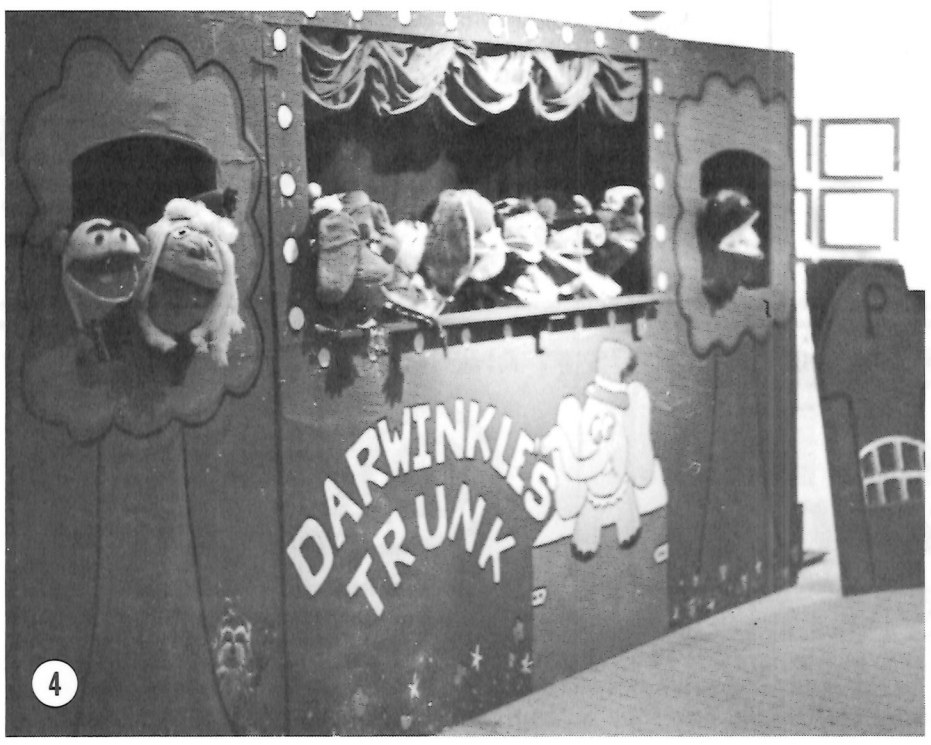

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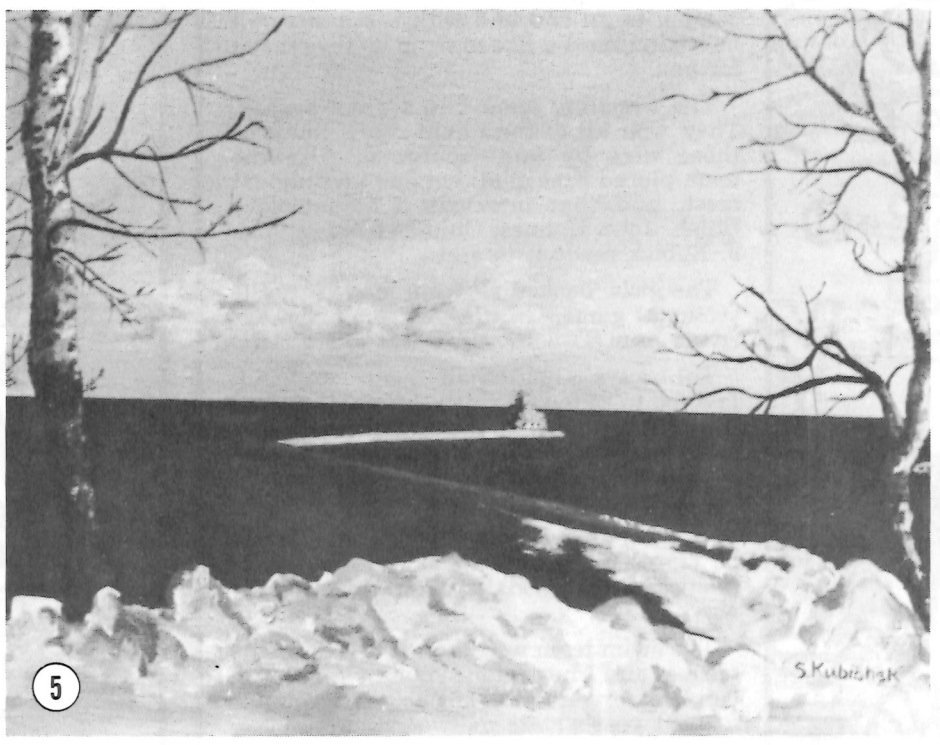
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